

BAT's Badminton Club



Coach Planner

Coach Planner:

Instructions:

Before the session:

- review the previous session;
- complete the 'Coaching Session Planner';
- make sure and record that the:
 - register is completed;
 - all the equipment is available;
 - the environment is safe;

At the start of the session:

- collect the diary from the player;
 - read through the notes made by the player;
 - discuss any points arising;
 - countersign the previous session;
- add in the notes for this session;
- at the end of the session discuss it with the player;
 - allow time for the player to:
 - ask any questions;
 - add notes to the diary.

During the session:

- be aware of health and safety;
- be aware of the players needs;
- be aware of the players responses to the activities;

At the end of the session:

- discuss the session with the player;
- complete the feedback section of the 'Coaching Session Planner';
- encourage the player to complete their 'Player Diary';
- clear away the equipment;