

Guidance for a 'Player Mentor'

As a player mentor you will be expected to:

Observe the player either playing a game or in a coaching session:

- make notes on what you observe;
 - the interaction between the player and the activity;
 - the reactions of the player;
 - how well they followed the game or session;
 - listened to any information being given;
- at the end of the session:
 - get feedback from the player;
 - what was it that they were trying to achieve;
 - how do they think the game or session went;
 - did they enjoy the game or session;
- feedback to the player your observations;
- decide on any aspects that the player needs to work on and set targets.

BAT's Badminton Club – Player Mentoring Check List

Use the following as a basis for your mentoring sessions:

Mentor:		Player:	
Date:		Venue:	
Short description of the activity seen:			
Interaction between the player and the activity:			
The reactions of the player during the activity:			
Feedback from the player:			
Feedback to the player:			
Target(s) discussed and set:	<ul style="list-style-type: none"> • • 		
Mentors signature:		Date:	
Player signature:		Date:	

At the end of the session this sheet should be given to the player to be kept in their file.