

BAT's Badminton Club



Coaching Planner

Name of Player:

Planner:

Name: _____

Coach Details

Lead Coach:	
BE Coaching No.:	
Address:	
Telephone No.:	
Mobile No.:	
Email Address:	
Coaching Level:	

Assistant Coach:	
BE Coaching No.:	
Address:	
Telephone No.:	
Mobile No.:	
Email Address:	
Coaching Level:	

Assistant Coach:	
BE Coaching No.:	
Address:	
Telephone No.:	
Mobile No.:	
Email Address:	
Coaching Level:	

In addition to this document the player and parent(s) / carer(s) should ask to see the **Badminton England Coaching Cards** of the coach as proof of identity.

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Progress Review:

This page should be used by the coach(es) to help you work out:

- where the group are with their play at the moment
- where you want to be with their play:
 - at the end of the next set of sessions;
 - at the end of the season;
- any other long term targets or goals.
- a set of targets that you will work on with the group over the coming sessions.

Part 1: Where are they now:

<u>Aspect to think about:</u>	Make notes on where you think the group are now; include their best aspects and which areas you think they need to work on:
Racket Grips:	
Overhead shots:	
Underarm shots:	
Serves:	
Movement around the court:	
Singles tactics:	
Level doubles tactics:	
Mixed doubles tactics:	
Fitness levels:	

Planner:

Name: _____

Part 2: Target Setting:

This page should be used by the coach(es) to set the short term and long term targets.

a) Record the previous targets here:

Target	Previous Targets
1	
2	
3	

b) Discuss with the coaches the progress made on each target and add notes below:

Target	Progress Made
1	
2	
3	

c) With the coach(es) decide on a new set of targets and record them below:

Target	New Targets
1	
2	
3	

Planner:

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Sessions Planner:

This page should be used to plan the sessions for the group. At the start of each set of sessions the coach(es) need to sit down and agree the content.

Date:	Content agreed on: