

no strings
badminton



FAMILIES WELCOME.

Badminton. It's what Sunday mornings were made for.



NINA

gets on court for a giggle and a gossip



DEBBIE

burns 400 calories in a really relaxed environment



PHILLIP

"a sociable way to let off steam after work"



MIKE

"a great value weekly get together with the lads"



CATHY

"off peak sessions work well with my diary"

www.nostringsbadminton.co.uk






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it's right up your street

'Pay & Play' sessions to suit you...

-  Guaranteed playing partner at every session
-  Players of all age and ability welcome
-  Rally round your friends to get active
-  No membership fees - just 'pay & play'
-  Meet like minded people on court

Every Sunday between 10am -
12noon

**Tavistock Community Sports
Centre**

Crowndale Road
Tavistock
Devon
PL19 8DD

Everyone welcome.

**Price: Adults - £3.00. Under
16 - £2.00**

[01822] 813238

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