

Goal Setting / Action Plan

Player Name:				
Date	Goals related to areas for development	Proposed Action Plan	Date for Review	Comments at Review (Task 8.2)
April 07	To be able to consistently use a basic grip on FH OH strokes during predictable practices.	Basic practices throughout Preparation Period.	July 07	Player is hitting effectively using basic grip in easy situations, however still resorts to panhandle grip in quicker practices. Increase pressure in practice situation and review again in Sept 07.
Agreement	Coach Signature:		Player Signature:	
				Date: