

BAT's Badminton Club



Group Planner

Group Planner:**Coach Details**

Lead Coach:	
BE Coaching No.:	
Address:	
Telephone No.:	
Mobile No.:	
Email Address:	
Coaching Level:	

Assistant Coach:	
BE Coaching No.:	
Address:	
Telephone No.:	
Mobile No.:	
Email Address:	
Coaching Level:	

Assistant Coach:	
BE Coaching No.:	
Address:	
Telephone No.:	
Mobile No.:	
Email Address:	
Coaching Level:	

In addition to this document the player and parent(s) / carer(s) should ask to see the **Badminton England Coaching Cards** of the coach as proof of identity.

Group Planner:

Progress Review:

This page should be used by the coach(es) to help you work out:

- where the group are with their play at the moment
- where you want to be with their play:
 - at the end of the next set of sessions;
 - at the end of the season;
- any other long term targets or goals.
- a set of targets that you will work on with the group over the coming sessions.

Part 1: Where are they now:

<u>Aspect to think about:</u>	Make notes on where you think the group are now; include their best aspects and which areas you think they need to work on:
Racket Grips:	
Overhead shots:	
Underarm shots:	
Serves:	
Movement around the court:	
Singles tactics:	
Level doubles tactics:	
Mixed doubles tactics:	
Fitness levels:	

Group Planner:

Part 2: Target Setting:

This page should be used by the coach(es) to set the short term and long term targets.

a) Record the previous targets here:

Target	Previous Targets
1	
2	
3	

b) Discuss with the coaches the progress made on each target and add notes below:

Target	Progress Made
1	
2	
3	

c) With the coach(es) decide on a new set of targets and record them below:

Target	New Targets
1	
2	
3	

